

Thank you for purchasing the GRIPSystem. This exciting new tool will not only allow you to work more safely and efficiently, but will help to reduce the physical stress and strain often generated from the traditional mechanics of heavy lifting. At the time of this publication, over 5 years of ongoing research, design and testing has went into this product, and we always welcome our customers feedback on any additional uses, ideas or comments you may.

If you have any questions or comments, please feel free to email our customer service department, or contact us toll free at the number below. Thanks again for purchasing the GRIPSystem, and may you always work smart, not hard.

email: CustomerService@gripsystem.com
Phone Toll Free 1-877-842-5903

*****WARNING*****

NOTICE TO USERS

This device is intended to assist in the process of lifting, carrying and moving of various large and or hard to move items. This device **IS NOT** for use as a fall safe harness, climbing or repelling harness or for any use other than that for which it was designed. **DO NOT** under any circumstances, attempt to use this device for any purpose other than the uses described within this guide. Although the GRIPSystem allows users to lift and carry large and hard to move items utilizing the strongest muscle groups in the body, the amount of weight which can be effectively managed will vary based on each individual users physical abilities and limitations. **DO NOT** exceed your own physical limitations when using the GRIPSystem.

The GRIPSystem company accepts no responsibility for injuries occurring from misuse and failure to comply with reasonable safety precautions.

² *Wearing your GRIPSystem*

Putting on your GRIPSystem is very simple, and is similar to wearing a backpack. The strap connecting the back pad should be adjusted so the pad pulls snug against your back when there is tension against the adjustable buckles as shown.



Rear View



Front View

Sizing Adjustment

A simple guideline to adjusting the harness is to set the adjustable back strap so the buckles almost reach around your waist when pulled tightly. Adjust your back strap accordingly to achieve the correct sizing.

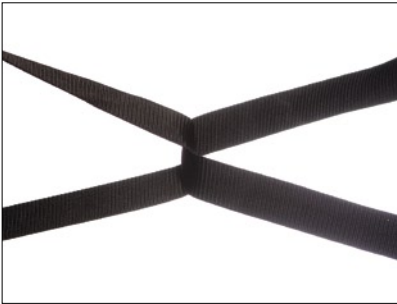
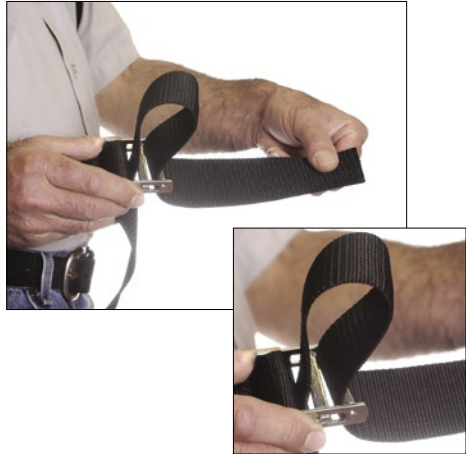


Connecting Two Users³

Using the included cross straps, two users are connected by simply looping the straps together in the center and connecting the ends through the adjustable buckles on each side of the harness as shown.

Step 1

Connect your cross strap through one of your adjustable buckles. Feed the strap through the rear opening first, and then down between the floating bars.



Step 2

Two users are then connected by simply looping their straps through one another, creating an X in the center between them.

Step 3

Complete the connection by simply feeding the opposite end of your cross strap through your other adjustable buckle.



Setting The Cross Straps

Place the cross straps under the object by gently tipping the object rearward and slipping the cross straps beneath. On objects with accessible bottoms, you can also simply thread the cross straps through the openings and connect them together.



*Preparing to Lift*⁵

While standing at approximately a half arms length from the object, bend your knees to a comfortable squatting position. Pull the loose ends of your cross straps until there is tension on the straps.



Place your hands on the item at approximately chest level. As you lift, apply pressure against the object with your hands. This will help to stabilize the object as you lift, as well as help to keep your posture in the correct position during the lifting process.

Lifting & Moving

At this point, both users can fully stand which will lift the object to a moveable height. In order to keep a comfortable walking position, simply adjust the distance between you and the object by pushing the object away from your body. Maintaining a comfortable distance will help to keep your knees from hitting the object, and will help each user maintain a smoother walking motion throughout the moving process.



The amount of ground clearance each item will have is determined by the users squatting position when lifting. The lower the squatting position, the higher the object will be lifted, and the more ground clearance you will have. The higher the squatting position, the lower the object will be lifted, and the less ground clearance you will have. Individual item configurations and unique path obstacles may require adjustments in user positions as necessary.

*Release & Disconnect*⁷

After setting the object securely on the ground, simply release the pressure on the cross straps by slightly bending your knees. The adjustable buckles can then be released by rotating them upward towards your body as shown. This will unlock the floating bars allowing the straps to slide out freely. Note: The buckles will not release when there is pressure or tension against the cross straps.



Rotate the buckle upward towards your body to release.



The cross straps can then be re-adjusted or removed from the buckles.

Warranty Information

Your GRIPSystem comes with a limited lifetime warranty on all components excluding the replaceable cross straps. If any portion of your harness is damaged or fails under normal use, we will gladly replace it at no charge. Please note that a valid warranty registration card must be on file to activate your warranty. We cannot honor any replacement claims without a registered warranty.

Please fill out and return the enclosed registration card to activate your warranty today. You may also register your warranty online at www.gripsystem.com/warranty.htm

In the event that you need to return a damaged component, please call our offices prior to shipping your return. You will be provided with complete return instructions and a return authorization number which you will need to print on your packaging. Note* We do not accept returns without a return authorization number.

You can obtain your return authorization by phone, toll free at 877-842-5903

You may also request a return authorization online at: www.gripsystem.com/return.htm